



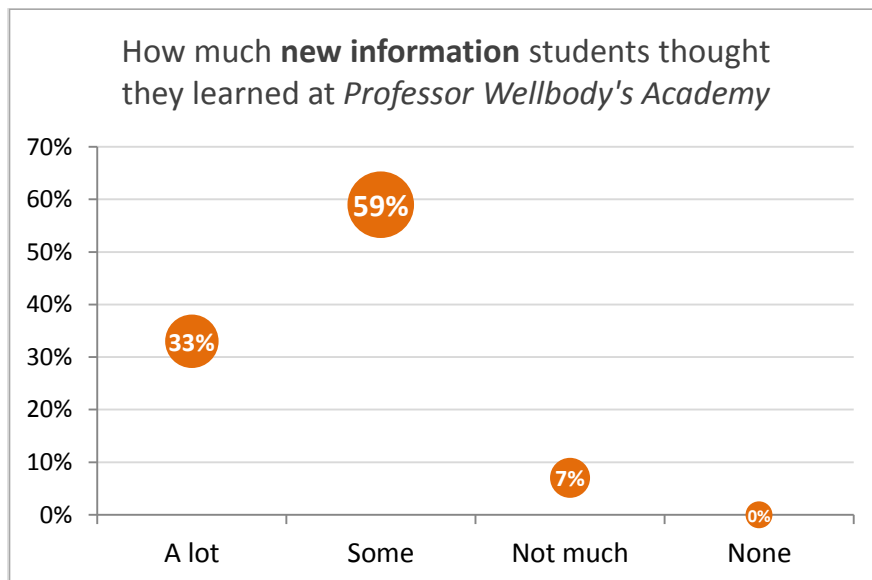
WELLBODY ACADEMY: Health Behavior Poll Responses 6TH & 7TH Grades

How does **your** class compare?

The data shown in this summary comes from REAL Washington state classes who have completed the Pre- and Post-Visit Polls included in the *Wellbody Academy Educator's Handbook*. It is updated whenever additional responses are received from educators. If you'd like to submit your classes' data visit: https://www.surveymonkey.com/s/Wellbody_HealthPoll

The handbook is available to download for free from Pacific Science Center's website: <http://www.pacificsciencecenter.org/WellbodyAcademy/educator-guides>

General Feedback



STUDENTS
FAVORITE
ACTIVITIES

→ sneeze wall

→ cafédium

Top tips* to be healthier

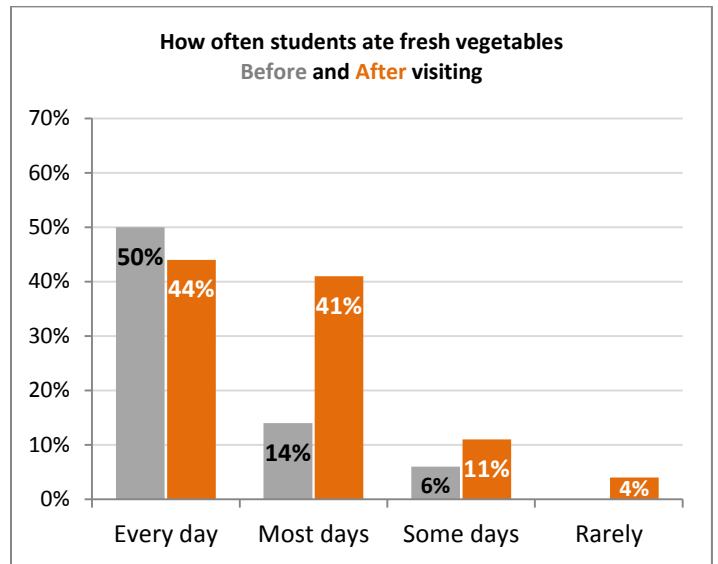
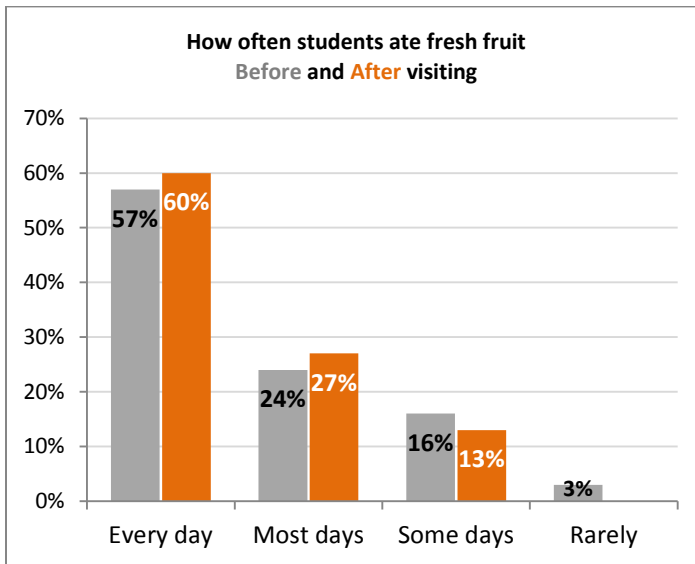
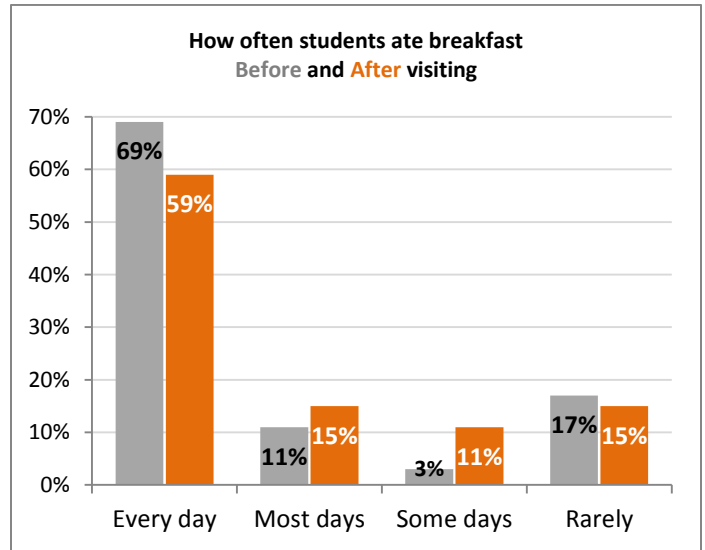
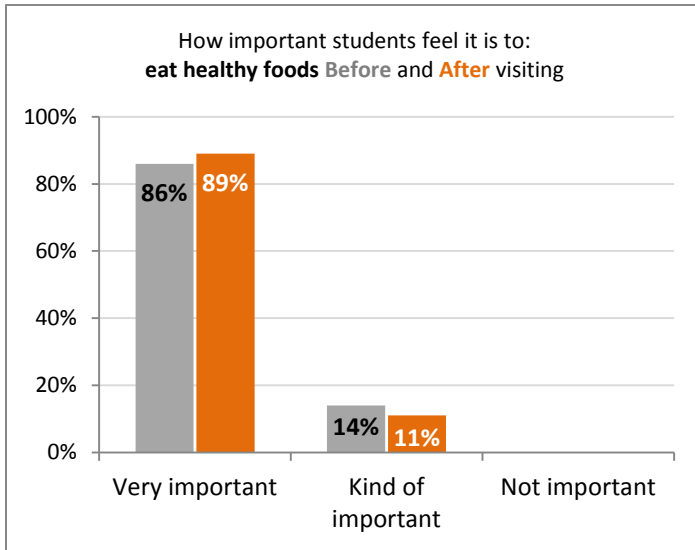
- eat healthier
- exercise more

*according to students



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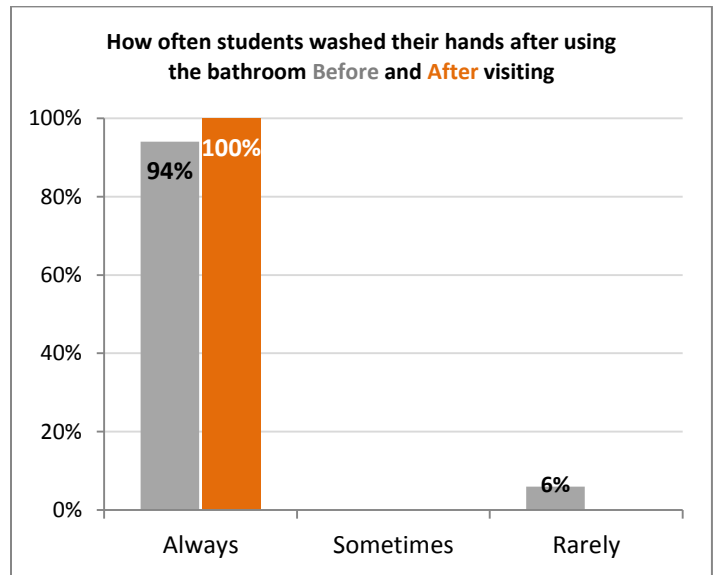
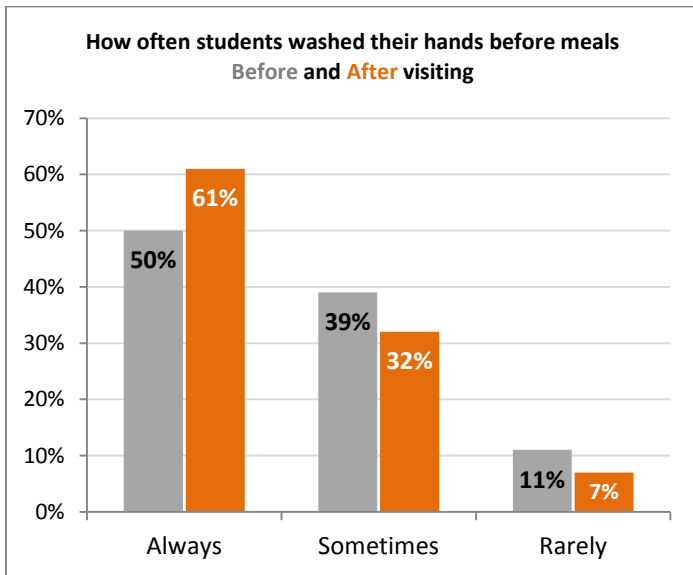
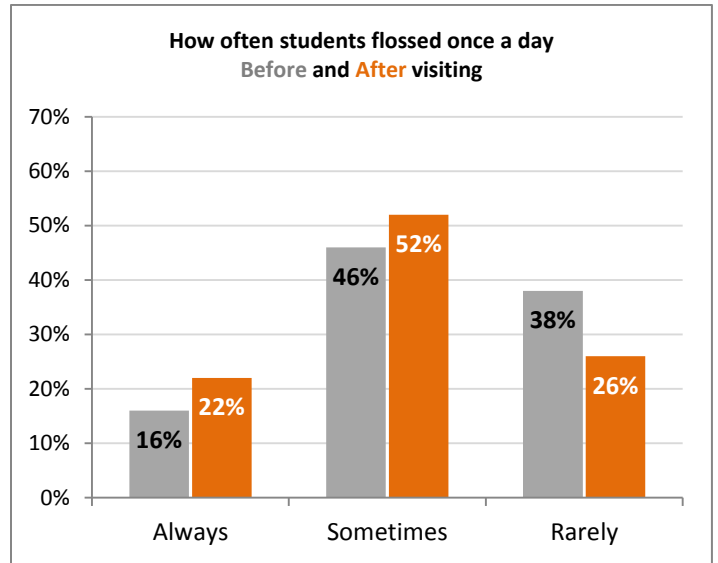
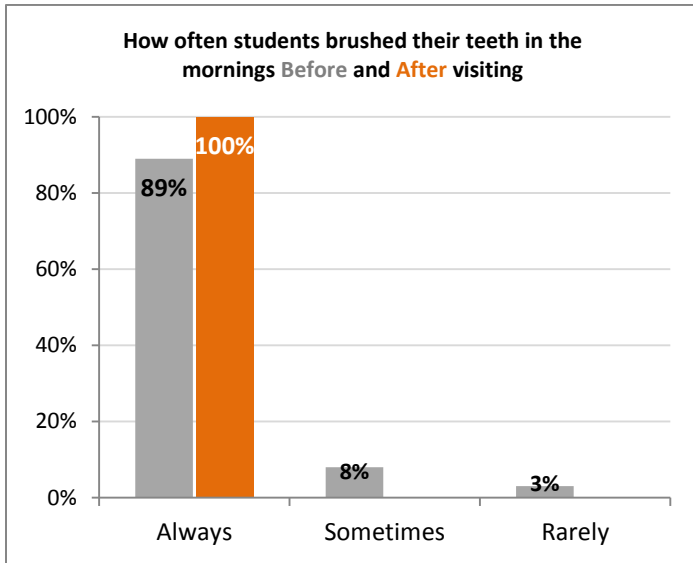
Nutrition





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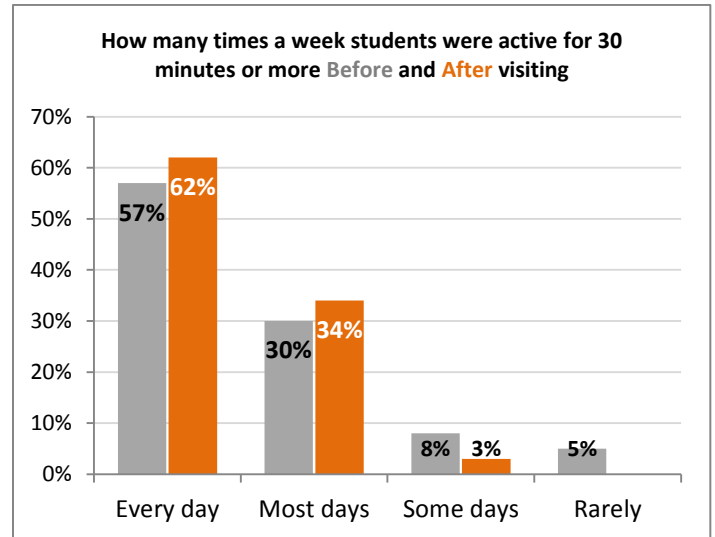
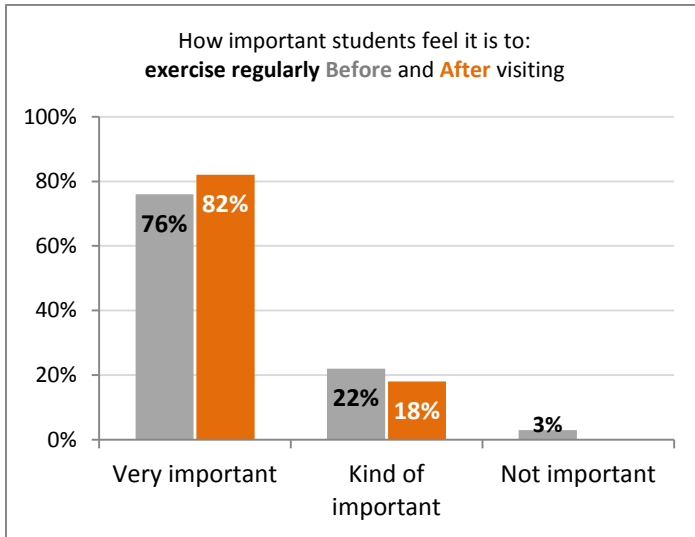
Hygiene





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Exercise



Sleep

